

RELEASE TO RETURN TO WORK

Note: This form must be completed and returned to Employee Health at least 72 hours prior to your anticipated return to work date.

Employee Name: _____ Employee ID#: _____

Date Employee is released to return to work: _____

Are there any work restrictions the employee will have upon return to work? ☐ Yes ☐ No

If yes, please list each restriction below, how long the employee will likely have the restriction, and your level of confidence that the restriction will be removed after the date provided.

Specific Restrictions (e.g., for lifting "Up to 10 lbs.): _____

Estimated Duration of restrictions:

- ☐ Estimated Date employee will be able to perform essential functions? : _____
- ☐ A return to full duty cannot be determined at this time
- ☐ This is a permanent restriction

Level of Confidence the estimated duration is accurate:

- ☐ Reasonably Certain
- ☐ Not Sure
- ☐ Hopeful
- ☐ Cautiously Optimistic
- ☐ Highly confident
- ☐ Guessing
- ☐ Other _____

Date of Next Appointment: _____

Signature of Health Care Provider: _____ Date: _____

Provider's Name: _____

Business Address: _____

Type of practice/medical specialty: _____

*The Genetic Information Nondiscrimination Act of 2008 (GINA) prohibits employers and other entities covered by GINA Title II from requesting or requiring genetic information of an individual or family member of the individual, except as specifically allowed by this law. To comply with this law, we are asking that you not provide any genetic information when responding to this request for medical information. "Genetic information" as defined by GINA, includes an individual's family medical history, the results of an individual's or family member's genetic tests, the fact that an individual or an individual's family member sought or received genetic services, and genetic information of a fetus carried by an individual or an individual's family member or an embryo lawfully held by an individual or family member receiving assistive reproductive services.