

2026 Benefits Handbook

Paper Copy Election Form

2026 Benefits Handbook Electronic Distribution

The Benefits Handbook describes the benefit plans and how to use them in detail. An electronic copy of the 2026 Benefits Handbook will be provided to all employees of Texas Health in Spring 2026 via email to your work email address.

It is important for you to read the Employee Benefits Handbook and keep it as a reference for all of your benefits. It describes the main features of the benefit plans, explains how to use the benefits, and identifies resources for help when you need it. A copy of the 2026 Benefits Handbook will remain on www.BeHealthySWHRCIN.org until it is out of date.

Your Right to a Paper Copy

You have a right to request and obtain a paper version of any electronically transmitted document at no charge. To request a paper copy of the 2026 Benefits Handbook, check the box and complete the information below. Return a signed copy of this form to SWHRCINBenefitsSupport@texashealth.org. The 2026 Benefits Handbook will be available via paper version after March 2026.

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I exercise my right to affirmatively request a paper copy. I acknowledge that upon receiving confirmation from the Benefits Department that my request has been processed, I will obtain my paper copy of the 2026 Benefits Handbook mailed to my home within 31 days.

Name: _____

Employee ID Number: _____

Work Location: _____

Home Address: _____

Signature

Date

Southwestern Health Resources

